

Bridal Shower Chicken Salad



Ingredients :

- About 6 chicken breasts, poached in well seasoned liquid, chopped into small chunks
- 2 medium apples, cored and chopped
- 2 cups grapes, sliced in half
- 2 bunches of chopped green onion
- 2 Tbsp lemon juice
- 1 cup sour cream
- 2 cups mayonnaise
- 2 tsp. salt
- 1/4 tsp black pepper
- 1/2 tsp garlic
- 1/2 tsp onion powder
- 1/2 tsp celery salt
- 2-1/2 tsp. curry powder
- 1/2 tsp. sugar

Instructions :

1. In a large bowl, put your chicken, grapes and apples.
2. Before mixing, pour the lemon juice over the top of the apples to prevent them from browning.
3. Add the onions and stir all together gently.
4. Mix in the mayo, sour cream and all of the seasonings. Blend together well. Taste and adjust the seasoning to your taste.
5. When you are almost ready to serve, fill croissants or other rolls with the salad, or simply serve on a lettuce leaf.